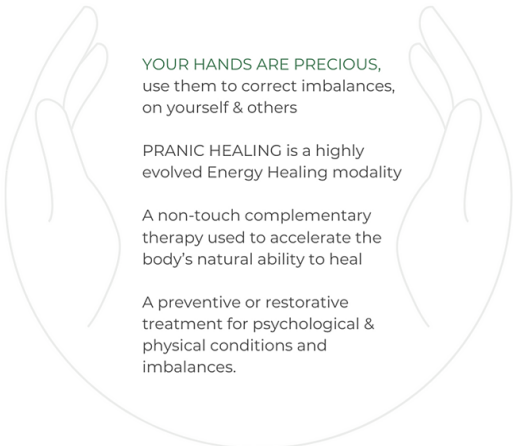


PRANIC HEALING © COURSE



YOUR HANDS ARE PRECIOUS,
use them to correct imbalances,
on yourself & others

PRANIC HEALING is a highly
evolved Energy Healing modality

A non-touch complementary
therapy used to accelerate the
body's natural ability to heal

A preventive or restorative
treatment for psychological &
physical conditions and
imbalances.



WHAT YOU WILL LEARN



- Special techniques for energetic diagnosis, cleansing, energizing
- Energetic Anatomy and how to work with the network of Chakras, Meridians and Auras
- How to Increase vitality, strength, general well-being and promote relaxation
- How to prevent diseases and emotional-mental imbalances
- Physical exercises & breathing techniques to de-stress and re-charge
- How to remove blockages & accelerate the healing process
- Energetic hygiene
- A 20-minute Meditation to experience inner peace and stillness
- Step-by-step protocols for ailments

LEWES

The Open Door
18-19 May 2024
9.30 – 5.30pm

REGISTRATION: healthessence1@gmail.com

Certified Course: Upon completion of the 2-day course you will receive a certificate of participation by the Institute of Inner Studies which will allow you to practice immediately

Instructor: Patrizia Brunelli, BSC Hons Health Sciences **W** www.healthessence.co.uk **M** 07853 420049